

Long-Term Care Home Inspections: Concerned Friends 2022 Report Card

The purpose of government inspections of Long-Term Care Homes (previously known as the Long-Term Care Quality Improvement Program: LQIP) **is to:**

- protect over 78,000 residents in over 600 Long-Term Care Homes in Ontario;
- safeguard resident rights, safety, security and quality of life; and
- ensure that the Long-Term Care Homes are complying with legislation and regulations.

Homes are required to report critical incidents and complaints to the Ministry of Long-Term Care, specifically the Inspections Branch. There is a triage process to deal with the most serious issues first. An inspection may take several days or more and deal with a number of reports of critical incidents and/or complaints, received by the Ministry concerning the home.

The inspector is looking for compliance with the legislation and regulations (103 pages, 202 sections with many subsections, https://www.ontario.ca/laws/statute/21f39) and with Residents' Rights which underpins everything. The full version includes 29 statements with many sub-sections. https://www.cleo.on.ca/en/publications/everyres/all

Below are the five overarching rights:

- 1) RIGHT TO BE TREATED WITH RESPECT;
- RIGHT TO FREEDOM FROM ABUSE AND NEGLECT;
- 3) RIGHT TO AN OPTIMAL QUALITY OF LIFE;
- 4) RIGHT TO QUALITY CARE AND SELF-DETERMINATION; AND
- 5) RIGHT TO BE INFORMED, PARTICIPATE, AND MAKE A COMPLAINT.

An inspection includes:

- Structured interviews with residents, family members and staff;
- Direct observations of how care is being delivered;
- Reviews of records on residents;
- Use of certified inspectors in a team to support consistency;
- Inspection Protocols are used to help determine if the Regulations are being met;
- Questionnaires and protocols are available to homes; and
- Technology and professional training support inspectors.

What can we learn from reports on the 2022 home inspections?

The number of inspections has been fewer every year since 2019, when 2,644 inspections were completed. In 2022, only 1,642 inspections were completed, even though we counted all types of inspections shown on each inspection report. Previously each inspection report designated one type of inspection. Beginning in April 2022, two or three types of inspections may be noted on one report. (TABLE 1: Inspection TYPES by Service Area)

Proactive Compliance Inspections (PCIs): PCIs were started in 2021 to replace the Resident Quality Inspections done under previous governments. PCIs inspect all the regulations and all aspects of care, not just those related to the complaint or critical incident reported. Only 17 proactive compliance inspections were done in 2021 and 61 in 2022 for over 600 homes. Although there has been an increase, the number is very disappointing. Concerned Friends would like to see many more proactive inspections, and that all Long-Term Care homes receive a proactive inspection in 2023. This should be possible, given the increased number of inspectors hired this past year.

The number of Compliance Orders (COs) has decreased from 2018-2019, by 33% or more. Considering the difficulties uncovered by COVID-19, it is hard to credit the decrease to improved performance. (TABLE 2: Inspection RESULTS by Service Area) When a compliance order is given, the Long-Term Care home needs to respond within a specified time period, stating how they are now in compliance with the specified legislation/regulation.

The number of Written Notifications (WNs), however, has increased since 2020, especially if combined with Non-Compliances Remedied (NCRs) introduced in 2022, from 2,844 to 3,872 (36%). Written notifications state how the Long-Term Care home is not meeting a specified legislation/regulation, but the Long-Term Care home does not need to respond to the Ministry.

The follow-up performed by the Ministry following compliance orders has been positive for 2022, better than 2021. For 2022, 75% of compliance orders have been followed up as of March 31, 2023. In 2021, only 64% of compliance orders had been followed up as of November 2022. However, this does mean that 36% of 2022 compliance orders had not been followed up by April of 2023. Nevertheless, the improvement is good to see. (TABLE 3: Follow-ups 2022 and 2021)

There are inexplicably **wide variations among Service Area Offices** (SAOs) even though the number of homes for which each office is responsible is almost the same (between 87 to 94 homes). Some examples include: the number of inspections per SAO ranges from 152 to 299 (almost twice as many done by Ottawa SAO compared to London SAO); the number of Compliance Orders ranges from 38 to 164, the number of Written Notifications from 322 to 766.

With regard to types of non-compliances, from our analysis, *infection control* stands out as the most frequent compliance order (TABLE 5). The Ministry of Long-Term Care issued new

directives during the pandemic and directed inspectors to take note of infection control requirements in every inspection. In 2022 Concerned Friends set up a separate category for infection control non-compliances for our analysis of inspection reports.

Our Conclusions

It is difficult to draw firm conclusions from the inspection reports. But it is clear that many homes have difficulty meeting the regulations and that better oversight is needed along with system-wide changes to improve the Long-Term Care Home's ability to meet the regulations, such as more regulated professionals and other resources including increased funding. With the increased number of inspectors, Concerned Friends hopes and anticipates that there will be more proactive inspections and closer follow-up on non-compliances.

Definitions of Levels of Enforcement

A **Compliance Order** will be issued when a non-compliance is identified as significant impact or risk to a single resident's health, safety or quality of life, or moderate impact or risk to multiple residents. The inspector specifies what the home must do by a certain date.

A **Written Notification** (WN) marks a less serious issue, a single occurrence, something with low risk, but to which the home needs to give attention.

Non-Compliance Remedied: (NCR) was introduced in 2022 with the new regulations. When a non-compliance is identified as having no impact and no or low risk to residents, it may be considered Remedied Non-Compliance by the inspector with no further actions issued if:

- The long-term care home demonstrates that they have remedied the noncompliance during an inspection, and;
- The inspector is satisfied that the long-term care home is now in compliance.

Director Referrals are much rarer than compliance orders (COs). An inspector may make a Referral to the Director in cases of:

- Repeated non-compliance;
- Non-compliance with a Compliance Order for the second time;
- Inability to achieve compliance: If an inspector has concerns that the licensee cannot or is unwilling to achieve compliance;
- Action required beyond the inspector's authority that requires the Director's involvement.

The Director's involvement may result in further enforcement action(s) such as:

- Director's Order;
- Administrative Monetary Penalties;
- Order Requiring Management;
- Cease of Admissions; and/or

License suspension or revocation and appointing supervisor.

The number of Referrals to the Director has decreased considerably since 2018 (56, then 20 in 2020 and 10 in 2022). It is possible that this is because of the application of administrative monetary penalties.

Administrative Monetary Penalties (AMPs): An AMP is automatically issued for failure to comply with a requirement resulting in a compliance order, and during the previous three years the licensee failed to comply with the same requirement. AMPs are considered "non-punitive". In 2022, a total of 54 AMPs were issued to 35 homes amounting to over \$183,700. According to our records, 17 AMPs were for \$5,500 (Infection Control and Duty to Protect) and 25 were for \$1,100 (other issues). A couple of times, the AMP was doubled for the same issue on follow-up. (TABLE 4: AMPs 2022 Detail).

NON-Compliance Categories 2022 used in Concerned Friends' analysis

Concerned Friends categories were developed over many years, and do not precisely align with the terms in the regulations (refer to Non-Compliance Categories 2022). For more detail about compliance orders categories into Concerned Friends categories, refer to Table 5: 2022 Cos DRs Dos by Non-Compliance Category).

The categories in Concerned Friends' analysis are:

- **1. Nursing and Personal Care** includes general nursing care, continence care, falls prevention care, wound and skin care, weight care management, pain management.
- 2. Care Plans includes assessment & reassessment of resident needs, implementation of plan, accessibility to care staff, reviews and revisions as necessary, interdisciplinary care conferences which include resident and family, and complete, accurate documentation.
- **3. Resident Rights** includes the right to dignity, privacy, respect, individuality, and freedom from abuse (except for #9 below), including resident to resident abuse and responsive behaviours; consent to treatment; appropriate resident activities and programming; bathing/grooming.

Also Restraint Use issues such as resident/family consent, doctor's order, repositioning, and required documentation.

- Also Resident/Family Council issues such as timely written response to concerns, supporting & consulting with councils as required.
- **4. Medication** includes orders signed for by appropriate personnel, storing, documenting, dispensing, and evaluation of medication use.

- **5. Dietary** includes all issues related to nutrition, hydration and meal service and meal preparation.
- **6. Infection Protection and Control (IPAC)** includes hand hygiene, PPE use as required, screening, labeling personal hygiene items, posting notices.
- **7. Safety/Hazards Other** includes any practice that could contribute to risk or injury, such as **unsafe transfers**, bed rails, water temperature safety, poor disaster plans, unlocked doors, call bells.
- **8. Maintenance Issues** includes maintenance, housekeeping issues and general cleanliness as well as unclean or inadequate linen and supplies.
- **9. Facility Management** includes staffing issues, staff training, information provided to residents, and critical incident reporting, handling complaints, issues related to refusing applications.

Also Quality Assurance such as policy & program development, implementation and evaluation, including abuse policies.

10. Staff Abuse and Neglect of Residents

TABLES

	COs in 2022	2021	2020	2019	2018
Infection Control	102	included	in Other Sa	 afety Hazard	S .
Other Safety Hazards	60	169	106	94	104
Nursing and Personal Care	67	109	83	106	101
Care Plan	37	56	69	117	84
Medication Management	48	49	42	72	54
Facility Management	60	79	98	208	202
Maintenance	14	17	16	26	14
Staff Abuse and Neglect	38	64	60	included Resident	
Residents' Rights	32	54	61	156	134

TABLE 1: 2022 Inspect	ion Typ	es by	Servic	e Area	a Offic	e (SA	0)																		
	No. of		2022	Num	ber o	f Each			2021	Num	ber c	of Each	1		2020	Numb	er o	f Each			2019	Num	ber o	f Each	
Service Area	Homes		Тур	e of li	nspec	tion		Type of Inspection							tion		Type of Inspection								
Office(SAO)	in SAO	as	Cmpl	Other	Pa	FU	Totals	as	Cmpl	Other	PCI	FU	Totals	CIS	Cmpl	Other	RQI	FU	Totals	CIS	Cmpl	Other	RQI	FU	Totals
London	89	86	37	1	9	19	152	88	50	4	5	13	160	106	67	11	0	7	191	279	156	9	0	37	481
Central West	89	112	81	2	10	28	233	127	86	11	3	34	261	175	88	19	0	37	319	132	99	7	0	59	297
Hamilton	93	95	83	7	11	35	231	104	68	6	2	12	192	130	91	1	0	31	253	187	157	4	2	55	405
Toronto	87	119	105	2	12	28	266	120	93	4	2	21	240	134	109	3	0	11	257	174	163	4	0	26	367
Central East	89	101	78	5	4	42	230	163	91	10	1	17	282	158	100	2	0	16	276	121	116	3	1	18	259
Ottawa	94	151	119	3	6	20	299	178	140	4	2	19	343	161	124	2	0	16	303	242	184	5	0	21	452
Sudbury	88	103	74	18	9	29	233	139	89	19	2	60	309	136	80	19	0	52	287	181	91	18	7	86	383
TOTALS	629	767	577	38	61	201	1644	919	617	58	17	176	1787	1000	659	57	0	170	1886	1316	966	50	10	302	2644
LEGEND:	as	Critica	l Incide	ent Syste	em																				
	Cmpl	Compl	aint																						
	Other	variab	rariable																						
	PCI	Proact	tive Cor	npliano	e Inspe	ection (som e tim	es sho	rtened	to Proa	ctive I	nspe cti	ion)												
	FU	Follow up (on compliance orders)																							
NOTES:	1. In 202	22 inspectors started doing more than one inspection type on the same report,																							
		i.e. a Critical Incident System (CIS) inspection and a complaint (Cmpl) inspection																							
		on the	same	report.	We co	unt this	sastwo	inspect	ions.																

Non-Compliances by Servic	e Area Off	fice																			
	No. of								Numbe	er of E	ach N	on-	2020	Numbe	r of E	ach No	2019 Co	mpliance	2018 Cor	mplianc	
Service Area Office	Homes	2022 Number of Each Non-Compliance Comp							plianc	e			Com	plianc	e	Ore	iers	Orders			
(SAO)	in SAO	NCR	WN	VPC	со	DR	DO	WN	VPC	co	DR	DO	WN	VPC	ω	DR	DO	8	DR	ω	DR
London	89	17	379	78	66	0	4	408	218	119	2	0	245	146	78	2	0	135	8	89	4
Central West	89	33	472	76	54	3	0	431	273	111	8	2	345	184	101	10	2	198	26	124	6
Hamilton	93	63	619	87	77	0	0	516	274	64	0	0	337	179	49	0	1	119	6	120	6
Toronto	87	98	572	102	46	2	0	492	306	81	1	2	501	307	87	7	3	105	1	101	4
Central East	89	27	766	159	164	4	1	762	431	186	5	2	523	327	75	0	1	75	1	63	1
Ottawa	94	26	447	73	38	0	0	391	269	26	1	0	414	202	46	2	0	49	3	90	14
Sudbury	88	33	322	54	38	1	0	545	338	68	3	1	479	258	134	4	0	124	9	131	21
TOTALS	629	297	3577	629	483	10	5	3545	2109	655	20	7	2844	1603	570	25	7	805	54	718	56
LEGELIA		L			L																
LEGEND	+																				
	NCR		pliance R	emealea	(while t	ne insp	ector w	as on site													
	WN	Written																			
	VPC		y Plan of (1																
	со		nce Order																		
	DR	Referral	to the Dir	ector of C	omplia	nce															
	DO	Director'	s Order																		
	-				-					-		-									
NOTES	1. During	2022 inche	rtors stone	ed using V	PC hut s	tortodi	sing NC	,													
IVOTES			ewers wer																		
			were reco						tions only.						İ		i –				

Compares follow								.023	_
with follow-	up on 20	21 comp	liance o	rders by	Novem	ber 7,	2022		
Service Area Office (SAO)	# Cos in 2022	Followed Up by MLTH	Not Due as of January 30, 2023	%age Not Followed-Up by Mar. 31, 2023	# Cos in 2021	Followed Up by MLTH	Not Followed-Up By Nov. 7, 2022	%age Not Followed-Up by Nov. 7, 2022	
` '									_
London	66	50	2	21%	119	29	90	75.6%	_
Central West	54	41	4	17%	110	61	49	44.5%	
Hamilton	77	54	7	21%	72	49	24	31.9%	
Toronto	46	31	7	17 %	82	67	15	18.3%	
Central East	165	69	30	40%	186	130	66	30.1%	
Ottawa	38	21	9	21%	26	21	5	19.2%	
Sudbury	38	36	2	0%	68	66	2	2.9%	
TOTAL	484	302	61	25%	663	423	251	36.2%	

TABLE 4	2022				Admin	ist rativ	re Mor	etary l	Penalti:	es			AMPs			
											ultingin a	complianc	e order, and			_
											vith the sar					
		0				Amount	of Adm	in strativ	e Mone	tary Per	alty (AM	1P)				_
	Name of Home	UWII	ership of H	i o me	\$500				\$11,000		_					_
Service Area	I wante of notife	Municipal	Non-Profit	For-Profit	Reinspec-						N	on-com	pliance Iss	пе		
Office					tionFee											
ONDON .	Carlessant Carle Woodstock			1		1					Med polici	esnot follo	wed and Pha	rmacist not	at meetings	
	Henley Place			1				3			not report	inginjurie	sto SD M* ; Me	dication Ad	iministration	
												and Incid	ent Documen	tation (3 re	sidents)	
	McCormick Home		1			1					No plan fo	r Air Condi	ti oni ng			
	Vision Nursing Home		1			1					No plan fo	r Air Condi	ti oni ng			
ENTRAL	Chartwell Westmount			1				1					ident from se	kual abuse		_
WEST	Gat eway Haven	1				1					Order to re					
	Golden Dawn		1			1					Failure to p	protect rel	Res./Res. abus	e		
	Sunset Manor	1				2		2	1	1	Skin and W		, Medication			
															sFailures of C	are
	Trinity Village		1					1			Repeated f	ailureprot	ect Res. From	abuse.		
HAMILTON	Albright Gardens			1		2							, Covid-19 scr	eening		
	Queen's Garden		1		1						Reinspecti	onFee				
	Garden Court			1		1					Unsafetra					
	Ina Grafton Gage		1			1		1					and wound			
	Mississauga LTC			1		1	1						sures; still not	in complia	nceon 2nd fo	llc
	The Kensington Gardens		1			1					FallsMana					
	WoodbridgeVista			1				2			Failuretop	protect rel	Res./Res.abus	; hand hyg	iene and PPE	
CENTRAL	Caressant Care Lindsay			1		2		2			Labellingp		ms, unsafeea			
EAST													uspected head	injury; IPA	C**various	
	Caressant Care on McLaughlin Rd.			1				1				ing IPAC p				
	Golden Plough	1				1		1					ر udits re I PAC	proceedure	5	
	Mariann Home		1			1					Not follow		rocedures			
	Mon Sheong Richmond Hill		1			1					Fallsmana					
	St. Josephs at Fleming		1			1					Not follow	ing IPAC pi	rocedures			
OTTA WA	Sherwood Park			1		1					incorrect r	nutritional	care			_
SUDBURY	Bethammi Nursing Home		1					1					rs, Resident to	resident a	buse	
	ExtendicareMaple View			1	1	1							safeTransfer			
	Hogarth Riverview		1					1			Duty to Pr					
	RobertaPlace			1				1			Duty to Pr					
	SouthbridgeRoseview			1		4					IPAC hand		outbk prepar			
												wound c	are, responsiv	ebehaviou	rs	
oub-totals		3	12	13	2	25	1	17	1	1						
																Ξ
	Number of Home	s i ssue d AMP s	28			TOTAL #e	f AMPs	47					cision Maker			_
													tection and C			

TABLE 5: Summary of Compliance Orders and Director Referrals

issued in all MOHLTC Inspections during 2018-2022

By Problem Category (category definitions are available)

																					_												
													NON	-com	LIANC	E CATE	GORY																
	Nursin	ıg & Pei Care	rsonal	G	are Pla	n	Resid	lent Ri	ghts	Medic	ation I	ssues		Dietan	,		ection' trol (IF			ier Safi Iazard:			itenar ssues	ıce		y Mana Iy Assu			Abuse		Tota	als 20	22
SAO	#00s	DRs	DOs	#00s	DRs	DOs	#00s	DRs	DOs	#00s	DRs	DOs	#COs	DRs	DOs	#COs	DRs	DOs	#COs	DRs	DOs	#00s	DRs	DOs	#00s	DRs	DOs*	#00s	DRs	DOs	#00s	DRs	DOs
London	15	0	0	5	0	0	1	0	0	13	0	0	0	0	0	8	0	0	7	0	0	2	0	0	12	0	3	3	0	1	66	0	4
Central West	13	0	0	1	0	0	4	1	0	9	0	0	0	0	0	9	0	0	0	0	0	0	0	0	8	2	0	7	0	0	51	3	0
Ha milton	5	0	0	14	0	0	4	0	0	5	0	0	2	0	0	13	0	0	8	0	0	5	0	0	11	0	0	9	0	0	76	0	0
Toronto	6	1	0	2	0	0	3	0	0	0	0	0	1	0	0	13	0	0	14	0	0	1	1	0	4	0	0	2	0	0	46	2	0
Central East	13	0	0	8	0	0	15	0	0	14	0	0	15	2	0	45	2	0	19	2	0	5	0	0	22	0	1	8	0	0	164	4	1
Ottawa	10	0	0	4	0	0	0	0	0	4	0	0	3	0	0	5	0	0	7	0	0	1	0	0	2	0	0	1	0	0	37	0	0
Sudbury	5	0	0	3	0	0	5	0	0	3	0	0	2	0	0	9	0	0	5	0	0	0	0	0	1	1	0	5	0	0	38	1	0
2022 Totals	67	1	0	37	0	0	32	1	0	48	0	0	23	2	0	102	2	0	60	2	0	14	1	0	60	3	4	35	0	1	478	10	5
2021 Totals	109		0	56		0	54	1	2	49	1	0	42	_		Combi			169		3		0	0	79	2	2	64		0	639	20	7
2020 Totals*	83		0	69	_	0	61	2	0	42	2	0	45	_	0	Other		-	106		0	16	1	0	98	2	6	60		0	580	24	6
2019 Totals	106	8		117			156 134	5		72 54	5	_	26	_	-	Hazaro	ds	-	94 104	_		26	2		208	15		Include		_	805	54	0
2018 Totals	101	2		84	4		134	11		54	7		25	1					104	7		14	2		202	22		Resider	it Righ	.ts	718	56	0
LEGEND:	m	Comr	liance	Orde	r																												
	DR					(of Co	ompliar	ice)																									
	DO	_	tor's C			Ù	<u> </u>																										
NOTES:													rds.																\square				
							taff was included in Re																					\square			\square		
	* In 20		re were 6 Directors' Orders (DOs) for Mandatory Management, which are listed Facility Management. In 2018 and 2019, we did not separate DOs from DRs.															\vdash		\vdash	\vdash	_											
		under	Facilit	y Mana	gemen	t. In 21	018 and	2019,	we did	d not sep	oarate	DOs fr	om DRs	š.															1 1	1 1	1	1	į.